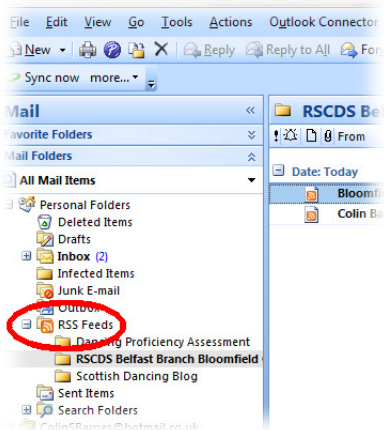
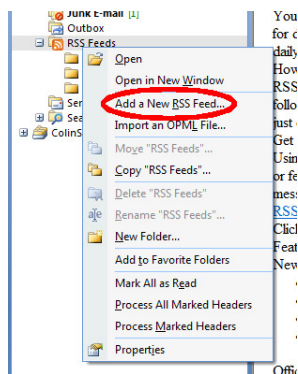


To add an RSS feed to MS Outlook 2007:

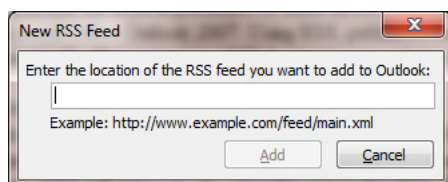
1. Open up Outlook.
2. Right Click on "RSS Feeds" in the folder list:



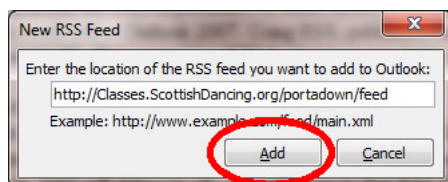
3. Click on "Add a new RSS feed..." menu item:



4. In the box that pops up enter the address of the RSS feed. In this example we will use the Portadown class announcement feed e.g. "http://Classes.ScottishDancing.org/portadown/feed" (without the quotes):



5. Click the Add button:



6. In the box that asks "Add this RSS feed to outlook?" click "Yes":

